

To Corona del Mar High School students and parents grades 9-12:

Subject: Free great resources from the [College Essay Guy](#) that you may find useful in the coming months!

9th & 10th Graders

[College Admissions Timeline](#) - A high-level timeline and list of resources that tracks the college admissions process from 9th through 12th grade.

[Finding Your Purpose](#) - Research shows that finding your purpose can lead to greater health, less depression and less anxiety. Check out the Purpose Challenge from the very awesome Greater Good Science Center in Berkeley.

[Learning How to Learn](#) - This free course from Coursera covers some useful topics for any high schooler, including learning how to "chunk" studying tasks, tackle procrastination, and better understand the relationship between sleep and learning potential.

[The Values Exercise](#) - It's great to begin the college planning journey by thinking about your core values. How do you find those? This video will help you find them in less than 5 minutes.

11th Graders

[How to Create a Great College List](#) - Spring is a great time for juniors to begin thinking about developing a college list. (Not decide—I said begin!) This guide will help you discover: Who am I and what do I want from college? How can I learn more about colleges? How can I assess my admission chances?

[How to Research Colleges \(Without Visiting a Campus\)](#) - Wondering how to "visit" colleges in the midst of a global pandemic? This guide can help.

[How to Ask for a Letter of Recommendation](#) - Junior year teachers are great candidates for recommendations. But what goes in that letter, plus when (and how) do you make the request? Find out here.

12th Graders

[Study Tips in College](#): MIT's Office of the First Year has a series of awesome guides and resources for helping students develop study plans and time management skills as they transition into the first semester of college.

[How to Write a Scholarship Essay: A Complete Guide + Examples](#) - This guide answers the top 10 most common scholarship essay questions. You'll also find a spreadsheet you can use to track scholarship prompts.

[College Interview Guide](#) - In this comprehensive guide, you'll learn everything you need to know to prep for an interview (even if you only have an hour). But first: How much do interviews really matter?

WHO IS COLLEGE ESSAY GUY?

Ethan Sawyer is a nationally recognized college essay expert and sought-after speaker. Each year he helps thousands of students and counselors through his online courses, workshops, articles, products, and books, and works privately with a small number of students. A graduate of Northwestern University, Ethan holds an MFA from UC Irvine, two counseling certificates, is certified in Myers-Briggs and hypnotherapy.

[College Essay Guy - College Application and Essay Help](#)